

This is the SuccessMode PlayBook, which contain the seven step strategy for obtaining goals and desires. Read each step in order and create your own game plan for achieving goals large and small.



1. Find Your Flow

Get in the flow to enhance performance and perception. Summon the Universal Force through meditation and inspiring activities

2. Declare Goals

Goals are the seeds of success. Goals can fall into two main categories. Goals and Milestones. Big or small, declare your goals and desires to the world, then create Milestones for achieving them. Declaring your goals makes them official.



3. Create Affirmations

Write Affirmations to declare and support your goals. Use your Goals and Milestones as a guide for your Affirmations.

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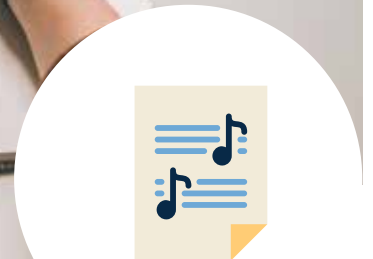


4. Create Visualizations

Be sure to make vivid visualizations that paint a picture of you achieving your goals. These visualization should be full of detail to help you see what success looks like.

5. Success Songs

Turn your affirmations into Success Songs and Poems. It is a fun easy way to reinforce your goals.



6. Take Action

Success is an action sport. The Universe rewards action. Create Milestones for achieving Goals, and then continue with a Daily Plan of Action to accomplish your Milestones. Get excited and busy achieving your goals. Passion fuels action.



7. Reap The Rewards

Enjoy all the benefits of achieving your goals and desires. Be generous and show gratitude.